

Southlake/Colleyville
Group Training for RBM Stonebridge Ranch Triathlon
2010 REGISTRATION FORM

Coach Mike Sexton and Playtri present a 8 week Spring/Summer Group Training Program tailored to enhance your triathlon experience. Participants will have the opportunity to properly prepare for multisport racing/challenges in a FUN-filled program!

First Name

Gender

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Last Name

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Address – Street Name – Apt. No.

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City

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State

Zip Code

Home Phone Number

--	--	--

Date of Birth

Age

Mobile Number

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Emergency Contact (Name & BEST Phone Number)

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Current Activity Level – please describe your weekly activity and training involvement.

Swimming – what is your experience level in the sport of swimming (open water and pool work)?

Limitations – let me know if you have any limitations that might prevent you from participating in some training and racing activities

Height

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Weight

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E-mail Address

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Waiver and Release

In consideration of the acceptance into the Playtri Group Training Program, I, the undersigned, intending to be legally bound for myself, my heirs, my executors, administrators, and assignees, waive release and forever discharge David Bertrand and Playtri and its officers and members and any sponsor of the club, for all the rights and claims of damages, demands, actions, whatsoever in any manners arising out of my participation in the activities of Playtri and the Group Training Program.

Signature _____ Date _____

Signature of Parent or Guardian (if under age 18) _____ Date _____

	8-Week Program (July 26 – Sept 26)	
	Postmarked by:	
	Until 7/9/2010	Until 7/15/2010
International (Olympic)	\$339	\$379
Sprint & My First Tri	\$329	\$369

Eligibility - The minimum age to participate is 13. The right to accept or reject any entry is reserved.

Payment Total
\$ _____

Date Paid

NOTE: Registration Fees include your race entry fee!

Please make checks payable to “Mike Sexton”.

Return completed forms to:

Mike Sexton
3612 Greenbriar Court
Colleyville, Texas 76034

(Please finish registrations by July 23, 2010)

If you have any further questions, please do not hesitate to contact Mike Sexton at:
mike@playtri.com