

Rules / Requirements

- Ipods and headsets will be allowed. If you wear an iPod or headset device and you do not hear or obey race instructions because of the listening device, you could be disqualified. We expect all participants to use good judgment and take responsibility for their actions should they wear any type of listening device during the race. We ask that all participants be able to hear instructions at the start and finish lines, and that the ear buds be removed at these locations.
- In some areas, only one lane will be dedicated to runners and the other for vehicular traffic. As such, it is imperative that you stay within the cones marking the course. Any deviations from the marked race course can result in a disqualification!
- You may not give or sell your race number to anyone else, and you may not transfer your 2010 entry fee to future races.
- You must be at least 12 years old to participate in the Half Marathon.
- Course closes at 11am for all participants.
- You must be in good health and physically prepared to take on the challenge of a Half Marathon.
- You must show photo ID to receive your race number.
- You must pick up your own race packet and race number at packet pick up.
- Race Numbers are required to participate – no bandits!
- No coaches, bikes, in-line skates, skateboards, baby joggers or dogs will be allowed on the course.
- Do not use cell phones during the race, as these can be hazardous.