

Rib Rub Run Race FAQ's

Q: What do I need to pick up my packet?

A: All you need to bring to packet pick up is yourself! Q: What is packet pick up? A: Packet pick up is where you will receive your race number, T- shirt and any other important race information.

Q: Can someone else pick up my packet for me?

A: Yes, you can have friends and family pick up your packet for you as long as the online waiver has been signed.

Q: What should I eat before my race?

A: This varies from person to person. I recommend you eat what you would normally eat before training sessions. If you are going to experiment with new nutrition or gear plan to do so during training, not on race day.

Q: What time should I arrive race morning?

A: I recommend you arrive an hour before your race starts. This will give you plenty of time find parking, warm up, and take care of any last minute issues.

Q: What should I wear?

A: You should wear clothing appropriate for the weather conditions as all races are held rain or shine. I recommend synthetic materials as they wick sweat much better than cotton.

Q: Where do I park race morning?

A: Onsite parking is available

Q: Where do I go once I arrive at the race site?

A: After you park it is a good idea to walk to the race start area. You will want to stay close to listen for when your race starts and any last minute announcements.

Q: Can I wear Headphones?

A: You may wear headphones during the race but we discourage it because of safety announcements that may be made during the race by race staff or officials.

Q: Can I run with my dog?

A: Due to participant safety issues we do not allow dogs to run in our races.

Q: Where will the start, finish, and awards be located?

A: This race has a separate start and finish line.

The start line will be located at City Hall, and the finish is at Lofland park. It is about a 10 minute walk from the start to the finish line. Approximately ½ mile. The awards will be located at the stage in front of the Historic Courthouse. It is about a 5 minute walk from the start or finish line. You can find a course map at playtri.com/ribrun.

The addresses are below,

Rockwall City Hall

385 South Goliad St.

Rockwall, TX

Lofland Park

Kernodle St.

Rockwall, TX

Historic Courthouse

101 E. Rusk St.

Rockwall, TX

Q: What will be at the Rib Rub?

A: There will be all day live music, food, car show, and BBQ competition.

Please visit playrockwall.com/rib-rub-run-roll/ for more information.

These tips come to you from Playtri. If you have more questions, contact info@playtri.com